

HUTT MATERNITY ACTION TRUST

SOON TO BE KNOWN AS

OXYTOCIN TRUST

ANNUAL REPORT 2023



FROM THE CHAIR

To our wonderful volunteers and supporters,

Hutt Maternity Action Trust was born in 2019. The trust arose in response to significant community concern and anguish about the state of local maternity services in the wake of the extremely troubling external review of Women's Health Services that was released to the public in July 2019.

Following significant media attention and the outpouring of grief, anger, and concern via the birth stories of many local women, some local individuals with a passion for making positive changes to the experiences of those birthing in the Hutt, started to come together. After a community meeting where a large group, of mostly new mothers, met to brainstorm ways in which the community could take action, the idea for a charitable trust was born.

Our purpose has always been to give the community a way to act for positive change in both small and more significant ways. When we came to choose the name for our charitable trust it was important to locate us clearly in the Hutt Valley, indicate that our primary concern was with maternity services, and express the need for urgent, practical, **action**. This was how we settled on the name Hutt Maternity Action Trust.

However, we have, since our foundation, struggled to communicate that we are an independent volunteer-run charitable trust and have no formal connection to Hutt maternity, as the maternity services within Hutt Hospital are commonly known. While we have all the respect in the world for the incredible maternity staff working at Hutt Hospital it has been sometimes frustrating to the trust board that we are assumed to be either part of the hospital system or exist solely to support that system.

Since very early on, our practical, on-the-ground, volunteer arm has been known as the Oxytocin Squad. As is well known to those working in maternity or those who have given birth, Oxytocin is colloquially known as the love hormone. We have always thought of our wonderful volunteers as putting love into action and spreading the love to those under stress or pressure. We have wanted women and their families, as well as maternity staff, to feel that they have the love and support of their community.

As we approached our recent AGM the Trustees of the Hutt Maternity Action Trust decided to formally change the name of our trust to the Oxytocin Trust. While we remain an intensely local organisation that is staunchly committed to the families and maternity staff of the Hutt Valley, we feel the name 'Oxytocin Trust' better represents our reason for being, our ways of working, and our independence and openness.

As a fully volunteer-run organisation comprised of very busy people it may take a while for us to fully transition all of our social media and branding over to our new name, so please bear with us.

We look forward to continuing to work with our wonderful volunteers and the wider community to "spread the love" or oxytocin to all those birthing and working within the Hutt Valley maternity community. We'd love to welcome more volunteers to the team so please get in touch if our purpose resonates with you. Thank you all for your support and aroha.

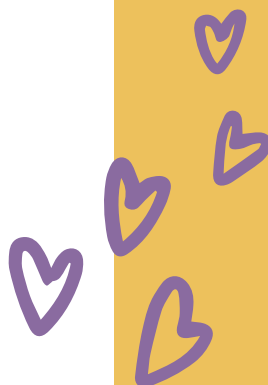
Ngā mihi mahana kia koutou,

Meg Waghorn

Chair

Oxytocin Trust

www.oxytocintrust.org.nz



Performance Report

Entity Name

Hutt Maternity Action Trust

For the year ended

31 March 2023

Entity information

Entity Identifier

CC58570

Type of entity

Charitable trust

Entity's purpose or mission

Promoting the health and wellbeing of Hutt Valley women and their whānau throughout their antenatal, maternity and postnatal healthcare; and supporting healthcare workers and providers in the Hutt Valley in their role of providing high-quality maternity care.

Entity structure and governance arrangements

As at 31 March, the Trust had seven Trustees. The Trustees have elected a Chair, Deputy Chair, Treasurer and Secretary. Some Trustees are responsible for coordinating the Trust's team of volunteers, some take the lead on issues such as promoting breastfeeding support. Key decisions are made collectively by the Trust at its regular meetings.

Entity's main sources of funds and other resources

The Trust's funds have come from donations, some of which have been for specific activities such as packs of newborn clothing and support for new graduate midwives as they register and set up in practice. The Trust also has a "Donate" tab on its website, linked to its Give-a-Little page, where people can make donations to support the work of the Trust generally, or to contribute to specific activities.

Entity's reliance on volunteers and donated goods or services

The Trust has a group of 20 volunteers who support maternity staff and the whānau using maternity services in the Hutt Valley. Activities include baking, making up newborn baby packs; collecting and delivering donated breast milk; and delivering food and other items to the hospital and midwives in the community. The Trust has worked alongside local groups and their volunteers to make the biggest impact without duplicating effort. It has sought regular donations of goods and services from local businesses for the benefit of staff working in maternity services in the Hutt Valley. Examples include the regular donation of pizzas by Hell Pizzas on Friday nights and special occasions; and donations of peanut butter products from Fix & Fogg.

Overview

** The Trust wants to acknowledge the commitment, generosity and incredible support of our volunteers, our partners in other community organisations, our donors and our Trustees.*

** The Trust has been working through the same slow process as other groups, rebuilding our team, following the shut-downs through Covid, losses among our volunteers and reduced access to facilities at Hutt Hospital. In spite of all this, we have succeeded in keeping essential activities ticking over and getting some valuable and necessary support services up and running.*

** Because we cannot support an ever-expanding work programme, we are taking a "pipeline" approach and have begun handing over projects once they become a going concern. We have been able to do this with several projects already. We have a long list of new initiatives that we will pick up once our current projects work their way through, and our resources (volunteers and funding) allow..*

Statement of Service Performance

What key activities did the charity do during the year?

Description of outputs (key activities)

Quantity of outputs
Current year Last year

Description of outputs (key activities)	Current year	Last year
<p>1. Spreading the love – our Oxytocin Squad of volunteers provide practical, in-person support for birthing families and maternity staff</p> <p><i>For birthing whānau –</i></p> <ul style="list-style-type: none"> * Newborn clothing packs: We collaborate with Greenstone Doors to provide newborn clothing packs to new parents who need them. Packs of quality donated, knitted, or new clothing are put together by Oxytocin Squad and Greenstone Doors volunteers and given to staff to distribute. Our volunteers make knitted items for the newborn packs. We have also collaborated with Sew Good over knitted items for babies and clothes for other whānau. * Collection and delivery of donated breastmilk: Our Trustees and volunteers support Hutt Hospital with the collection and delivery of donated breast milk, and by publicising the need for donated breast milk through our social media. * Manaaki mats: Manaaki Mats are a cooling resource for deathcare. They are valuable for pregnancy loss, stillbirth and babies, among others. They are used in hospitals, hospices, funeral homes and community settings. The Trust received grant funding (Hutt Mana Trust, \$1,500) and a donation (Haven Falls Funeral Home, \$1,618) for the cost of Manaaki mats, portable freezers for the mats and for training. There is now a system set up where whānau who have lost a baby can get access to Manaaki mats and supplies. <p><i>For midwives and maternity health care workers (e.g. health care assistants, nurses) –</i></p> <ul style="list-style-type: none"> * Regular drop-offs of baking to the Maternity Ward, the Community Midwifery Team and the Maternity Assessment Unit, as well as to LMC midwives in the community * Deliveries of Hell pizzas to the Maternity Ward on Friday nights * Distributing food donated by local businesses – avocados from The Avo Tree, nut butters from Fix & Fogg, coffee from Ripe, and catering for special occasions from Blue Carrot and Domino's Pizzas * Food, decorations, gift bags and other items for special events – International Day of the Midwife and Christmas * Producing information resources for midwives and other maternity support workers * Grants to assist graduate midwives setting up in practice in the Hutt Valley – the Trust made a grant of \$500 to 1 new graduate midwife 		
<p>2. Connecting our community – improve access to services for birthing people by building networks of birth workers and community organisations</p> <ul style="list-style-type: none"> * We continue to build relationships and work collaboratively with local groups including Greenstone Doors, La Leche League, the Breastfeeding Network, Stillbirth Support (Sands NZ), Otago University student midwives, services at Hutt Hospital, LMC midwives in the community, local MPs, Hutt City Council, the Department of Internal Affairs. * We help individuals to link up with community organisations and services, and make connections between groups that have shared interests. * We also share stories, and pass on experiences and views of people using maternity services in the Hutt Valley to those in positions of seniority within the Health Service, and more widely in the public domain. 		
<p>3. Supporting breastfeeding – supporting existing breastfeeding initiatives and finding ways of helping new parents access the support they need to breastfeed</p> <ul style="list-style-type: none"> * The Trust has been concerned about the closure of breastfeeding support services over the last two years in the Hutt Valley. * We ran a breastfeeding zui (hui on Zoom) with practitioners and community groups to discuss common issues and possible collaborative action to increase breastfeeding support for whānau in the Hutt Valley. Among other things, this led to the creation of a breastfeeding website, http://breastfeedinginthehutt.nz * We support the Lactation Consultants at Hutt Hospital. For example, we created a group of volunteers to help with the delivery of donor breast milk to Hutt Hospital. 		
<p>4. Enriching birthing environments – fundraising and coordinating efforts to enhance clinical environments... in order to improve birth experiences</p> <p>Because of reduced access to Hutt Hospital during and since Covid, we have done less on this issue than we might have in other circumstances, and have focussed on other priorities. We provided an ice making machine, which was installed in the maternity staff room in January 2023.</p>		

<p>5.... and building our systems As well as our team of bakers and our knitters, we have more volunteers with roles like managing our social media, coordinating our baby packs with Greenstone Doors and, more recently, managing our finances. We have committed funds to set up an online database with Infoodle software, and are seeking and applying for funding to develop this further.</p>		
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<p>Additional Output Measures * Information"hub" for the community: The Trust receives a steady stream of enquiries from people in the Hutt about where they can find maternity-related services and support. It is developing its networks and on-line resources to make it easier for people to find the services they are looking for. * Feedback on Trust activities: The Trust receives a lot of positive feedback from the community, midwives and hospital staff reflecting the positive impact of our support for whānau through activities like our baby packs, the manaaki mats initiative, and our support for donor breast milk.</p>		
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<p>Trust Income & Spending In the year to 31 March 2023, the Trust received donations of \$4304.25 and grants totalling \$1500. The main items of spending were payments towards:</p>		
<p>* Manaaki Mats</p>		
<p>* Baby Packs</p>		
<p>* Grant to support new graduate midwife</p>		
<p>* Setting up infoodle online information/resource/communication database</p>		
<p>* Birthing Pool for Hutt community (LMC midwives)</p>		
<p>* Ice Making Machine for maternity ward</p>		

FINANCIAL INFORMATION
Statement of receipts and payments

	Current year	Last year
Operating receipts (money deposited into the bank account)		
Donations, fundraising and grants	5804.25	5840
Fees and other receipts from members	0	0
Receipts from selling goods or providing services	0	0
Bank account interest and other investment income	69.52	5.33
Other receipts	0	0
Total receipts	5873.77	5845.33
Less operating payments (money withdrawn from you bank account)		
Fundraising costs	0	235.25
Payments to employees and volunteers	0	0
Payments related to providing goods or services	1692.29	1933.75
Grants and donations paid	500	2055
Other payments	2998.14	2.4
Total payments	5190.43	4226.40
Operating surplus/(deficit) for the year	683.34	1618.93
Plus opening total of all bank accounts and cash on hand	2504.16	885.23
Closing total of all bank account balances and cash on hand	3187.50	2504.16

Performance Report**Entity Name**

Hutt Maternity Action Trust

For the year ended

31 March 2023

Statement of resources and commitments**Schedule of Resources**

Other than amounts in the bank and on hand, what other significant resources (things you own) does the entity have? This includes any things it owns, such as land, buildings, vehicles or other equipment. You are only required to list **significant** resources. You are also required to report their value but only **if** it is practicable to obtain. You can report either the amount it cost or how much you could sell it for now.

Description of significant resource	Source of value (if applicable)	This year	Last year

Schedule of Commitments

Does the entity have any significant commitments (things you owe)? You are only required to list **significant** commitments. In other words list any **significant** amounts owed to others - for example - commitments to purchase land or buildings, grants approved but have not yet been paid, loans from a bank or other lender, or funds held on behalf of others.

Description of significant commitment	This year	Last year

Schedule of Other Information

You are required to list any grants or donations received with any conditions attached over how they be used. Where these conditions have not been met at the reporting date, the grants received should be listed and how much has not been spent at the reporting date.

Description of grant and its condition or restriction	This year	Last year
Hutt Mana Trust grant for Manaaki Mats project - fully spent within this financial year	1500	0
Haven Falls Donation - spent all but \$45 which is earmarked for a purchase	1618	0
Chris Harrington Donation for new graduate midwives - spent \$500 and earmarked for later in 2023	1500	0
Give A Little Baby Pack Fundraiser - fully spent within this financial year	500	0
Karen Daniells Donation for infoodle online CRM set up - fully spent within this financial year	400	0

Performance Report

Entity Name

Hutt Maternity Action Trust

For the year ended

31 March 2023

Notes

Basis of preparation

This Performance Report is prepared on a cash-basis in accordance with XRB's Tier 4 Simple Format Reporting Requirements. The charity is eligible to apply these requirements and has elected to do so.

Treatment of GST

All amounts are recorded on a GST inclusive basis

(Choosing to report on a GST inclusive is the easier option, because this mean you record transactions as the amounts as presented on your bank statement. GST paid/refunded to the IRD can be included in "other operating and overhead" costs in the Receipts and Payment Statement.)

Related party transactions

Provide a description of **significant** amounts received from or paid to related parties during the period (specify the amounts). If any services were provided for free by or to related parties during the period also describe these here.
Related parties include anyone that has influence over the operations of the entity (for example, officeholders, committee members, trustees and senior management positions).

Describe related party	Describe transaction	This year	Last Year
\$400 Donation from Board Trustee, Karen Daniells	Donation made towards set up cost of Infoodle Online Database Management System	400	0
\$1500 Donation from Board Trustee, Chris Harrington	Donation made towards the fund which supports student/new grad midwives which is intended to go towards establishing them in their profession	1500	0

Events after the balance date

Describe any significant events occurring after balance date (i.e. your year-end) and before the performance report is approved and how they have affected the entity.

We applied for grant funding for infrastructure (infoodle database) and for the cost of our subscription to Xero in November 2022, and have after year end received funding through Lotteries Community funding, \$7,229

This performance report has been approved by those charged with governance.

Date 31st August 2023

Date 31st August 2023

Signature _____

Signature _____

Name Vida Rye

Name Margaret Waghorn

Position Trustee

Position Chair of Trustee Board